# BRITISH BURN ASSOCIATION NEWS: December 2014





# **MESSAGE FROM THE CHAIR**

This is my first chair's report since taking over in April this year. I would first like to say thank you to Mamta Shah for her hard work as Chair over the last three years, with her thoroughness and commitment to the Association at all times. She is a hard act to follow.

The British Burn Association brings together all disciplines caring for patients with burns, and members are dedicated to improving patients' lives in day to day medical care, in education, with research to take the science of this care into the future and in the prevention of burns. It is a privilege to be a member and an honour to be Chair. If, over the next two years, we can maintain the spirit of the Association, improve financial stability, increase membership while encouraging real advances in prevention, research and education through the sub groups, I will leave this post happy.

An important aspect of the BBA's year is the annual meeting. On behalf of the Executive I want to thank the Chelmsford LOC for such an enjoyable and high quality annual meeting - and also for achieving a financial surplus that should keep us in the black this year. In May 2015 we will be meeting in Birmingham at the Edgbaston Cricket Ground. The theme for next year is "Learn the Science, Master the Art". We look forward to it.

A top BBA priority this year is the website. Darren Lewis is leading on this. The aim is for the website to reflect ongoing subgroup work with up to date minutes, subgroup outputs and facilitation of members' discussions. We encourage you to visit it, constructively criticise it to myself, Clare or Nechama and make suggestions for improvement. The website is key to BBA membership engagement and we hope that the changes we are making will enable this.

This year, we are also investing in BBA office infrastructure. We are purchasing IT hardware so that the BBA work and EMSB courses can be better supported and are investing in the development of a new software package to enable us to keep a unified Contacts database of Members and EMSB records including the teaching / learning activities of our Faculties and candidates.

I hope you enjoy the Newsletter and the range of articles reflecting the Prevention Awareness Day, the recent Research Subgroup meeting at the RCS, EMSB activity, the newly re-formed Outcomes Subgroup, the Education Subgroup and much more. If the newsletter inspires you, please do recommend the BBA to friends and colleagues. The BBA is only as strong, active and as multidisciplinary as its membership.

Finally, I would like to say thank you to the always cheerful, amazingly helpful and highly efficient Nechama. We couldn't manage without you Nechama.

Registered Charity No. 26016

# **EXECUTIVE COMMITTEE**

Chair: Amber Young Deputy Chair: Jo Myers Secretary & Treasurer: Clare McGrory Committee Members Peter Drew Ken Dunn Jane Leaver Darren Lewis Rebecca Martin Bruce Philp

# **BBA SUBGROUPS**

BBA Prevention Subgroup Chair: Ken Dunn BBA Education Subgroup Chair: Jane Leaver EMSB National Organiser Rebecca Martin Research Subgroup Chair: Amber Young Outcomes Subgroup Chair: Peter Drew

Website: Darren Lewis

# CONTACT US British Burn Association

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# **NEWS!! JOURNAL SUBSCRIPTION TO BURNS AS PART OF BBA MEMBERSHIP**

We are pleased to announce that from February 2015, BBA members will have online access to Burns Journal as one of the benefits of BBA membership.

Members will have access to current issues and four years' back issues. Usernames and passwords will be emailed to members in early 2015. Please therefore, ensure that your contact details are up to date.

# **Education Sub-Committee**

The BBA Education Sub-committee following nominations and elections, now has the following membership:

Chair: Jane Leaver Burns Surgeon: Nadeem Khwaja Burns Nurse: Jacky Edwards Trainee Member: Sarah Bache and James Bedford Burns AHP: Clare McGrory (as advisor in the absence of nominations) Burns Anaesthesia: Jon Davies

The sub-committee met on 10<sup>th</sup> December to plan to take forward the ideas that came from the Education survey completed last year.

# Annual Conference Chelmsford, 2014:

Congratulations to Award Winners from the Annual BBA Conference 2014: Best Poster: Mr Niall Martin, Burns Fellow, St Andrew's Centre for Burns, Broomfield Hospital, Chelmsford: 'UK Firefighter Burns: What Does It Take to Defeat a Modern Uniform?' Best Oral Presentation: Miss Sarah Bache, Plastics Registrar, Canniesburn Unit, Glasgow Royal Infirmary: 'Quantifying Airborne Bacteria During and After Burns Dressing and Bed Changes.'

### Education Day – 6 November 2014:

The BBA Education Day on 'Emergency and Pre-Hospital Burn Care' was held on 6<sup>th</sup> November 2014 at the National Motorcycle Museum & Conference Centre, Birmingham. The meeting attracted 30 attendees and received positive feedback.

### **BBA Grants:**

Three different grants are available to BBA Members. These are: **The BBA Travel Grant, The Margaret Miller Travel Grant and the BBA Research Grant.** Applicants need to have been a BBA Member for at least 12 months to be eligible to apply. Grants will not normally exceed £1,000. Further details and application forms for each grant can be found within the 'Education' section of the website, under 'Grants'.

# Laing Essay

Laing Essay Prize 2014: 'What is the Role of the British Burn Association in the Changing UK National Health Service?': Congratulations to winner Miss Julia Sarginson, Clinical Research Fellow, The Healing Foundation Children's Burns Research Centre, Bristol

Laing Essay Prize 2015 now open to all involved in Burn Care: The Essay, titled 'How Can Outcome Measures Influence the Provision and Practice of Burn Care?' should be of a maximum 5,000 words and in the style used by *Burns* Journal. Three referees, appointed by the BBA, will judge and award the winner £500. The prize-winning Essay will be eligible for publication in *Burns* at the discretion of the Editor. Closing date for applications: 5pm on 31<sup>st</sup> January 2015. The winner will be announced at the BBA Annual Conference, May 2015. For further information. email: info@britishburnassociation.org

# Emergency Management of Severe Burns (EMSB)

We are continuing to hold courses across the UK with courses held in Birmingham, Chelsea and Westminster, Chelmsford, East Grinstead, Bristol, Manchester, Newcastle and at a new venue, Coventry. Course dates have been released for 2015 – please see website to book at

http://www.britishburnassociation.org/emsb

We are pleased to see many burn professionals on EMSB courses and are working hard through advertising and updating our website to encourage more of our emergency medicine colleagues to participate.

I would like to take this opportunity to thank all of our Coordinators, Instructors, course organisers and volunteer " patients" for all their hard work in making the courses successful.

Rebecca Martin, EMSB National Organiser

# Annual Conference 2015: Learn the Science, Master the Art

We would like to extend a warm invitation to all colleagues, friends and those interested in burn care, to join us for the 48th Annual British Burn Association Meeting.

We are pleased to be hosting the 2015 meeting in Birmingham on **20<sup>th</sup> to 22<sup>nd</sup> May 2015** and the programme will reflect the diversity both of our patients and the multidisciplinary team. It will explore what we can learn from patients, families, each other and from the science that underpins much of what we do.

Several exciting international speakers will also contribute to the conference.

This year we have a new venue, Edgbaston Stadium (home of Warwickshire County Cricket Club) chosen by the British Burn Association.

We look forward to receiving your abstracts and to welcoming you there in May 2015.

**Birmingham Burns Services LOC:** Naiem Moiemen (Chair), Amy Bamford, Shivanand Chavan, Elizabeth Chipp, Azzam Farroha, Vicki Hibble, Emily Huddleston, Lisa Hyde, Steven Jeffery, Toni Jenkins, Helen King, Jane Leaver, Darren Lewis, Elizabeth Shale, Clare Thomas, David Wilson, Yvonne Wilson

# **Research Sub-Committee**

Amber Young took over chair of the Research Sub Group and SIG in April 2014. The first meeting under the new chair took place on 24th September 2014. The meeting was kindly hosted by Brendan Eley of the Healing Foundation at the Royal College of Surgeons in London.

The meeting was well attended with representation from research nurses, therapists, trainee surgeons, consultant staff and scientists working in the burns arena. The Healing Foundation Burns research centres in Bristol and Birmingham were well represented. The Healing Foundation was also represented.

The meeting started with a presentation from Abhi Jain, BAPRAS & BSSH representative on the Reconstructive Surgery Trials Network (RSTN), an RCSEng initiative. Formal links between the BBA Research Sub-committee and RSTN have since been established and Joseph Hardwicke (trainee) and Isabel Jones (consultant), both members of the BBA Research SIG will attend RSTN meetings.

A debate followed within the group regarding the priorities for BBA research over the next three years. These will be summarised in a short paper to be produced in the near future. Brendan Eley summarised how these strategic themes would fit well with strategic research aims of the Healing Foundation. Plans for whether the Research Sub-committee should become a NIHR clinical studies group was taken further with agreement that this was the right direction of travel.

The last hour was spent summarising current ongoing multicentre projects from burns services and projects in planning. Finally, the group discussed and positively criticised specific projects ranging from inhalation injury grading using the iBID database, laser treatment of scarring, the benefits of antibiotic prophylaxis when using biological dressings and whether parental involvement in dressing changes improved the experience and decreased stress for child and family.

The next meeting will be held on 25<sup>th</sup> February 2015.

# **Prevention**

The last Prevention Committee meeting was held during the Chelmsford BBA Annual Scientific Meeting on the 5<sup>th</sup> April 2014. The meeting was my first as the new Chairman and was well attended. A good series of themes were discussed and plans made concerning how to take these ideas forward with the limited resources at our disposal. Since that meeting several decisions have been made and events have taken place:

### **Open Prevention Committee, membership**

It has been BBA policy recently to formalise the membership of various committees. I do not feel this will work for prevention and have found it helpful to hold open meetings for interested parties to attend and for them to be circulated with the minutes and information until such time as they express no further interest.

### Fire Sector Federation (FSF) meeting London, 6/5/14

There was a meeting at Portcullis House of the Fire Sector Federation which is a collective of organisations involved in fire safety and in building regulations. I spoke about the availability of information from the iBID and the interest of the BBA in taking forward collaborative projects in areas of common interest. We are following up a number of contacts made at that meeting.

### iBID Stakeholder's and Board Meeting Birmingham - 5/6/14

The Stakeholder's meeting was held with users, stakeholders and local area team commissioning representatives to discuss the state of play regarding the burn injury database and work programme for 14/15. The important development was the acceptance that prevention work is formally part of the commissioned responsibility for the iBID, reporting to the burn care clinical reference group (CRG) and that we now have Public Health England representation on the burn care Informatics Board. This will give us access to areas of policy and development in Public Health England who are now formally responsible for injury prevention.

### Childrens' Burn Research meeting, Bristol - 6/6/14

I attended and spoke at the meeting to emphasise the availability of information about burn injury and to link up with a number of researchers involved in prevention. There was a very useful discussion about a potential research NIHR bid on the prevention theme which focused on behavioural change to reduce spill injuries in children.

### Chief Fire Officers Association (CFOA) annual general meeting, Nottingham - 10/6/14

The presentation at this meeting had two intentions. To improve the lines of communication between the fire and rescue services and burn services in the acute phase so as to improve the information available to burn services prior to the arrival of a major or significant injury arising from an incident and in the second part of the talk, to engage with the 50 or so brigades in the concept of scald injuries becoming part of their preventative programs and particularly their home risk assessment visits. A number of very useful contacts were made and we intend taking this forward with key individuals. This is of significant interest to Fire Brigades because they are having their services reviewed and their roles examined.

### Hot Water Burns Like Fire (HWBLF) meeting, London - 2/7/14

This meeting which is organised by Alison Tweddle from the Children's Burn Trust (CBT) brought together folk from the hot water industry, key charities involved in injury prevention and experts in burn care, epidemiology and the Legionella risk. It was hosted by London Fire Brigade and produced a very useful and informative discussion about the relative risks of hot water system control. I for one had not appreciated the complexities involved in the subject but we are going to try and develop some précis notes for the BBA Executive and you, and feed into a scald prevention (HWBLF) website being developed by the Bathroom Manufacturers Association, which is due to be launched on the 6/10/14.

### Hot Water Burns Like Fire (HWBLF) Launch, Oxford - 6/10/14

This launch is intended to publicise a web site created by the Bathroom Manufacturers Association to highlight important injury prevention messages and inform the industry of what they should do to reduce injury risks.

### All-Party Group in the Houses of Parliament – 21/10/14

I accepted an invitation to give a short presentation to this group in Westminster. It is a group of MPs and Peers interested in Fire Prevention but I attempted to broaden the message as usual. This was good prep for the Burn Awareness Day. . .

### October Burn Awareness Day 'Be Burn Aware' - 22/10/14

A poster and information was prepared from the various sources to use not only for the HWBLF website but also for burn services to use on this initial prevention day. This was intended to be a day run by the burn services. From this we can learn and build ideas for an annual event. If you have any suggestions or ideas about to how to popularise or advertise this day in the future, please inform anyone on the Prevention Committee or via the BBA secretariat.

# **Outcomes Sub-Committee**

The Outcomes Sub-Committee has not met formally since the publication of "Outcome Measures for Adult & Paediatric Services' in 2012. At the request of the BBA Chair, the group was re-formed over the early part of this year and met for the first time in its new format on 12<sup>th</sup> August. Members were elected from most areas of the burn care MDT (see membership list below) but unfortunately, no patient representative had been identified. The group felt that input from a patient was important and so further attempts to find a willing contributor were made.

The existing Terms of Reference for the Outcomes Sub-committee were reviewed and updated to reflect the current state of affairs in UK burn care. A revised version has been forwarded to the BBA Chair for approval.

Prior to the meeting, I had received a request from the Burn Care CRG Chair and others for help in clarifying and improving the outcome measures of mortality and infection, which had been adopted for use in quality dashboards. The group discussed these issues in detail and concluded that mortality would be best measured using the method recently formulated by Ken Dunn based on data accumulated on the iBID database. This has recently been published in 'Burns'. Regarding infection, the group felt that the incidence of positive blood cultures should remain as a measure of complications, with the possible addition of the incidence of blood cultures positive for multi-resistant organisms.

The group agreed that a revised version of 'Outcome Measures for Adult & Paediatric Services' should be produced and that this should include more patient-centred measures to complement the existing, largely process-based measures. Each of the existing sections was allocated to a group member for revision prior to the next meeting which was held in Birmingham on 18<sup>th</sup> November.

**Outcomes Sub-Committee Core Members:** Peter Drew (Chairman), Peter Dziewulski, Joanne Bowes, Jacky Edwards, Sarah Gaskell, Menna Davies, Janine Evans, Roy Dudley-Southern

# International Burn Injury Database (iBID)

In addition to the regular updates sent to burn services from the iBID office it is perhaps timely to consider how the iBID is contributing to the aims of the Association:

### Clinical care

The data put into iBID is now the sole source of information used to generate the quarterly clinical dashboard reports used to monitor burn service activity and compliance with the standards set. The dashboard items remain under review and the two new items on infection and mortality reporting especially so.

Information from the database is being used in several areas of the country where the capacity of services to undertake types of burn care work are being assessed. The plans to roll out a Burn Facility expansion in the South East of England based on work previously undertaken appear to have been reversed. This remains a cause of concern as does the available capacity for severely injured children.

### Research

As reported at iBID Stakeholder events and elsewhere, the database is providing data to support research into burn provision and care on several fronts. There have been over 60 requests for data and many articles and papers in peer review journals have been produced as a result. There are at least three PhDs underway which are dependant on the data from iBID. Additionally the information is allowing the scope and feasibility of clinical trials to be assessed.

### Prevention

A separate report regarding the activity of the Prevention Committee is included in this Newsletter. Suffice to say that most of the activity undertaken relies on the injury causation information from iBID. The statistics have been successful in opening doors that might otherwise have remained closed. Hopefully this will lead to effective action.

# **Nurses Special Interest Group**

This special interest group is designed for nurses to get together, share and learn from each other with the aim of influencing the nursing aspects of caring for a burn patient. Since the re-launch of the group at the Liverpool BBA conference 2013 there have been 2 successful meetings. At the last meeting in July the topics discussed included the different types of burn outreach models, military burn nursing, pressure ulcer prevention and a discussion about what information is given to patients regarding intimacy following a burn. It appears that currently no one seems to be covering this in their post burn information leaflets, something that those at the meeting felt should be considered in the future.

Those attending agreed that networking was important and that the Nurses SIG should be a forum for consensus regarding nursing and burn care. With this in mind the Nurses SIG group has fedback to the BBA exec regarding the draft BBA first aid consensus statement and other ideas and suggestions about membership, website, newsletter and the formation of a service directory. The BBA Executive has found this very useful and has already acted on some of the feedback.

The next meeting is planned for 10<sup>th</sup> February 2015 in Birmingham.

Jane Leaver, Chair, Nurses SIG

# **Psychosocial Special Interest Group**

The Psychosocial SIG continues to meet twice a year for a day and at the BBA conference for a couple of hours. The SIG currently has approximately 50 members and attendance at the meetings is usually between 15 and 25 members. The aims of the SIG are to share clinical resources and clinical expertise, discuss: BBA related topics, burn care standards, research, PROMS and iBID.

The group is working closely with members of the Centre for Appearance Research in the development of PROMS measures for young people and adults (Catrin Griffiths), the evaluation of burn camps (Laura Armstrong-James), the usefulness of distraction for paediatric inpatient care (Elizabeth Green) and the usefulness of the on- line intervention (YP-Face IT: Laura Armstrong-James) as developed by CAR for people with visible differences. In addition, several members of the SIG are involved in research and it is hoped that we will be able to engage in even more collaborative research across services. The areas of interest for research include traumatic growth, establishing a patient focus group and an exploration of parents' experiences of their child's dressing changes.

We will be aiming to routinely include a CPD element to the SIG meetings whereby a member of the SIG or invited speakers present pertinent topics for discussion including therapeutic approaches such as Compassion Focussed therapy, interdisciplinary working and trauma

The future challenges are to ensure that we develop a consistent and cohesive system of screening patients, protect and develop the psychology and social work posts in burns, incorporate the PROMS into iBID and attain and maintain the burn care standards.

Dr Julia Cadogan, Chair, Psychosocial SIG

# **Dietetics Update**

The Dietetic Special Interest Group has been inactive for some time and Natasha Wase, Specialist Burns Dietitian at Broomfield Hospital has liaised with the British Dietetic Association (BDA) to propose the development of a Burns Sub Group of the Dietitians in Critical Care. This proposal was formally ratified on 30.09.14 and is now in the process of recruiting members.

The new Group will be available for consensus statement and would be happy to be involved with any dietetic/MDT related pieces of work with the BBA. The new Group can provide reports to the BBA and can support BBA initiatives. As Chair of the Burns Sub Group, Natasha Wase is the BBA's point of contact.

Contact: Natasha Wase, Specialist Burns Dietitian, Broomfield Hospital, Natasha.Wase@meht.nhs.uk

# **Burn Therapists' Interest Group**

The Burn Therapists' Interest Group (BTIG) aims to meet twice a year to network, share ideas and improve knowledge and skills in burn care. Firstly we would like to thank Clare McGrory who recently stepped down as Chair for her hard work supporting and organising BTIG over the last few years. Amanda Dufley has now taken over the responsibility of Chair and Victoria Dudman as Secretary. Please feel free to contact them for any BTIG related questions or if you wish to become a member.

BTIG met at the BBA conference this year. There were discussions about organising a study day which was held on 3<sup>rd</sup> November at the Queen Elizabeth Hospital in Birmingham. All BTIG members were sent additional information. If you are not a member but wish to attend a future meeting, please contact Amanda Dufley.

Clare McGrory has been in discussion with the BBA's website team and there is a forum for members' discussion, access to documents for example minutes of previous meetings, and further information on BTIG via the SIG page. This will hopefully make it easier for members to gain support and advice from each other and keep up to date regarding future meetings.

Further discussions took place at the November meeting with regard to future projects members wish to undertake following on from the BTIG survey conducted last year.

Amanda Dufley, Chair, BTIG

# A Short Biography of Amanda Dufley, Physiotherapy Specialist Burns and Plastics, North Bristol NHS Trust

I graduated in 2001 from the University of The West of England Bristol. I joined the burns service in Bristol in 2006 initially as a Senior Physiotherapist and subsequently as the Lead Physiotherapist for burns and plastic surgery. My special interest is education and I helped to develop and deliver Bristol's burns course run annually in collaboration with UWE. I also lecture externally on major trauma courses for AHP's.

In my spare time I enjoy cycling and I'm a busy mum to my little girl.

# Secretary/Treasurer Update

# Membership Fees 2015:

I am pleased to confirm that there will be no increase to membership fees for 2015 and fees will remain as follows:

Doctors and Consultant Nurses/AHPs	£75pa
All other staff	£50pa
Students studying for primary degrees and retired members	£30pa

*Please note that online access to the Burns Journal will be included in the Membership fee for 2015. Further details are included on the first page of this Newsletter.* 

# Income Tax Relief in Respect of Annual Membership Fees:

The British Burn Association has been approved by the Commissioners for HM Revenue and Customs under Section 344 of the Income Tax (Earnings and Pensions) Act 2003 with effect from 6<sup>th</sup> April 2014. The Association's name will therefore appear in the list of approved bodies.

# **Discussion Forms:**

Please note that a discussion forum is available within the members' only area of the BBA website for members to share ideas and discuss current issues. Please log into the Members' area with your Username and Password and click on 'Members Forum'. Click on the Forum Name to which you wish to add a comment / question and click on 'Create New Topic' to start a conversation or click on 'Post Reply' to respond to a posting.

# WHO ARE THE EXECUTIVE COMMITTEE MEMBERS?



### Dr Amber Young, Chair

I have been a consultant paediatric anaesthetist at Frenchay Hospital, North Bristol NHS Trust since 1999. I trained in Bristol, Great Ormond Street Hospital London and Melbourne Children's Hospital, Australia.

My current positions include clinical lead for paediatric burn care at the South West UK Children's Burn Centre, paediatric lead for the SWUK Burn Care Network and paediatric major trauma lead for the Severn and Peninsula Major Trauma Networks. I have also been chair of the Burn Care Clinical Reference Commissioning Group since January 2012.

I have been involved with children's burns for more than 15 years and have written for peer-reviewed journals on subjects including toxic shock syndrome, fluid management and costing analysis for children's burn care. I am the clinical lead for collaborative research between Bath University and North Bristol NHS Trust for accurate and rapid diagnosis of infection using smart dressings in paediatric scald injuries which achieved a 4.5 million Euro European Commission grant. I am clinical lead for the Healing Foundation 5 year paediatric burns research programme which started date July 2012. I am supervising two PhD students (surgical and scientific) and have supervised one surgical MSc student. Key research projects include 'smart' wound dressings, the use of bacterially emitted volatile organic compounds for bedside detection of burn wound infection and a health economic and patient outcome assessment of pathways of care for small area paediatric scalds.



### Jo Myers, Deputy Chair

I trained at the Queen Elizabeth School of Nursing in Birmingham, and since qualifying in 1985 I have predominantly worked in the speciality of burns and plastic surgery. I have held sister's posts in adult plastic surgery, children's plastic

surgery and the burns unit. I have been the Lead Nurse for the St Andrews burns service since 2011. I have recently become a CQC inspector and have been involved in two reviews so far. I am a member of the London and South East Senior Burns Nurses Forum, and the BBA Nurses SIG.

Since 2009 I have been involved with charitable work to help develop a model of burn care for Palestine and have visited the West Bank on 4 occasions to join the project team and understand the challenges of providing burn care in an occupied territory.

I am part of the Mid Essex Hospital 'Out to Africa' project team, and in February 2014 visited Zambia to consider how we might support burn care in the hospital in Lusaka.

My particular areas of interest are psychosocial care, pain control, safeguarding, tissue viability, rehabilitation, and the development of competencies to support the development of staff to meet clinical governance requirements.

Outside of work I enjoy travelling / weekends away, spending time with my family and friends, trying to keep fit and walking, my recent achievements being Wainwrights 'Coast to Coast' walk and Hadrian's Wall walk.



# Clare McGrory, Honorary Secretary / Treasurer

After being one of the few students that 'survived' the burns lecture at university, I have had an interest in the area since my undergraduate days. I was delighted to get my first job at

Wythenshawe Hospital (now The University Hospital of South Manchester) and worked on the Burns Unit as one of my rotations whilst a junior physiotherapist. I took this further as a senior physiotherapist and became Team Leader Physiotherapist for Burns and Plastics in 2004. I have continued to develop my knowledge and passion for working with an often challenging but always interesting client group, and became Clinical Specialist Burns Physiotherapist in 2010.

I have a keen interest in scar management and the education of health professionals regarding the care of burn patients, and was Chair of the BBA Education Committee for 3 years. I am an active member of the BBA Burn Therapists' Interest Group, also being Chair of BTIG until earlier this year when I became the Honorary Secretary / Treasurer of the BBA. I look forward to supporting Amber, the Executive Committee and BBA members to continue to promote the aims of the BBA.



# Peter Drew, Executive Committee Member

I am a Consultant in Burns & Plastic Surgery working at the Welsh Regional Burns & Plastic Surgery Centre in Morriston Hospital, Swansea and have been a BBA

member for nearly 20 years. I joined the Executive Committee in 2010 and was re-elected for a second term in 2013. I am currently Chairman of the Outcomes Sub-committee. I strongly believe that the BBA plays a vital role in representing the burn care community in the UK and in teaching the importance of proper burn care to the wider healthcare community.



### Jane Leaver, Executive Committee Member

Jane Leaver is a registered Paediatric and Adult Nurse who has worked in the field of burns and plastic surgery nursing for over 20 years. She has worked on paediatric burn units in

Australia and Canada as well as in the UK.

Jane is currently a senior lecturer at Birmingham City University where she is the Programme Director for the Burns, Plastic and Maxillofacial Surgery courses and the post-registration Dimensions in Health Care programme. In addition to this role Jane is also the lead nurse for the Midlands Burn Operational Delivery Network, a role that she has been undertaking since the Network formed in 2008.

Jane is passionate about raising the quality of care for burn patients, through national standards and high quality education for burn professionals. She joined the BBA Executive Committee in 2012 and is currently the Chair of the Education Sub-committee and the Nurses Special Interest Group. Jane has been an active member of the EMSB faculty since it started in the UK and she sits on the EMSB Senate.



### Becky Martin, Executive Committee Member

I trained at The University of Nottingham Medical School and returned to the East Midlands to train as an anaesthetist. Since 2003 I have been a consultant in Burns

Anaesthesia and Intensive Care at the St Andrews Centre for Plastic Surgery and Burns, Broomfield Hospital, Chelmsford. I am an instructor for the EMSB course and for the last few years the National Organiser for the course. I have been a BBA member since I was a trainee and joined the BBA Executive Committee in 2009. In my spare time I like travelling to far-flung places with no mobile reception but this is now becoming much harder.



### Ken Dunn, Executive Committee Member

Ken Dunn initially trained in London and was a trainee surgeon in a number of burns and plastic surgery units in England, including East Grinstead, the Accident Hospital in

Birmingham and the Odstock Unit in Salisbury. He has been a Consultant Burns and Plastic Surgeon in Manchester, England from 1996 and is Director of the Manchester Burn Service.

He is a past Chairman of the British Burn Association, and member of the Prevention Committees of the EBA, BBA and ISBI. He is currently the Medical Director of the International Burn Injury Database (iBID: www.ibidb.org) and joint author of the Burn Care Standards (iBCS: www.burnstandards.org).



# Darren Lewis, Executive Committee Member

Darren Lewis is a Consultant Plastic Surgeon at the University Hospital of Birmingham and a member of the skin cancer multidisciplinary team (MDT) at New Cross Hospital,

Wolverhampton.

He began his surgical career in Stoke-on-Trent before moving to Newcastle upon Tyne to complete his Higher Surgical Training in Plastic Surgery, obtaining the FRCS from the Royal College of Surgeons of Edinburgh. During his time at Newcastle, Mr Lewis developed a sub-specialist interest in Burn Care and began his research into ways of improving outcomes for burns victims. This culminated in a post-graduate fellowship at the prestigious Western Australia Burns Service.

Darren regularly teaches junior doctors, including trainee plastic surgery registrars and examines on the West Midlands Advanced Plastic Surgery Course.



# Bruce Philip, Executive Committee Member

I am a Consultant Burns, Laser and Plastic Surgeon at St. Andrew's Centre, Broomfield Hospital, Chelmsford. I have been a consultant with a

specialist interest in burns and burn scarring since 2003. I am particularly interested in the laser treatment of burns scars. I am co-director of Research & Development at my hospital. I am a member of STARR, which is a joint research group between St. Andrew's Centre and Anglia Ruskin University. I am also deputy Training Programme Director for Plastic Surgery for the London Deanery/Shared Services. I am a member of the Specialist Advisory Committee for Plastic Surgery at the Royal College of Surgeons (and liaison member for Yorkshire & Humber Deanery). I am a keen triathlete.

# **Articles from the Burn Community**

# Burn Care Advisors Advise by Karen Lambourne

Were you aware that representing the London and South East Burns Network is something that the Burns Care Advisors do on a regular basis? For those of you who are still unaware of who we are and our roles within the network then let me introduce you:

Karen Lambourne	St Andrews
Krissie Stiles	Queen Victoria
Suzie Whiting	Stoke Mandeville
Eva Danickova	Chelsea & Westminster

Our initial objectives were to:

- Make contact with the emergency services within our areas
- Visit and communicate our role.
- In house training
- Set up links within these areas
- Organise Burns study days & encourage EMSB
- Develop the telemedicine project
- Provide feedback on the referral system
- Review documentation update and add to

This year has been especially busy not just within our roles but with the addition of awards and presentations.

In May 2014 the Burns Care Advisors were acknowledged by Molnlycke having won "The Innovations in Care

Award'. Receiving our award at the Vintners Hall in London made it a particularly special occasion.

The award and article were also acknowledged within 'The Primary Care Nursing Review' magazine (PCNR) in June (<u>www.pcnr.co.uk</u>) which helps to inform other Specialties of our service.

Krissie recently presented at 'The Emergency Nursing and Trauma Care' conference in Dublin on behalf of the Burn Care Advisors. Krissie presented to a packed audience under the heading of 'Burns Trauma Education for Emergency Services' which I understand went well with positive feedback. Krissie is lucky enough to have attended the Sydney ISBI and will feedback on this in the future.



Full Article @ www.molnlycke.co.uk

The BCA role can be challenging at times but that is part of its charm and we love a challenge. The role has also expanded and changed over the years, which again only adds to its appeal! We do however try to keep to the initial goals laid down from the LSEBN, but need to be aware of changes in the service.

Our study days are now beginning to include the Prison and Fire services along with the Paramedics which are more tailored to suit the needs of those services. Looking ahead we will be looking at community and school nursing services as we are having more contact with them through Burns services under paediatrics and Outreach Services.

We are proud to represent, advise and teach on behalf of such an outstanding Specialist Burns Service and hope to continue. We should mention that Eva has recently left the service from Chelsea & Westminster to attend Hull University and that Sarah Stockwell TRIPS Advisor (Stoke Mandeville) is also leaving soon - good luck to them both.

# **Changing Faces**

# An educational resource to improve burn care staff's knowledge and confidence in meeting their patients' altered body image issues

Burn patients are vulnerable to many psychosocial challenges during their treatment and follow-up. These can include managing the impact of a burn, experiencing feelings of anger and loss, and fearing they may never return to daily life as they had known it before. A further psychosocial challenge is the potential for altered body image and other appearance related issues.

In 2012 the revised National Burn Care Standards fully integrated patients' psychosocial care into their clinical care recognising that only through addressing both would best patient outcomes be achieved.

The UK charity Changing Faces - that supports individuals and families whose lives are affected by conditions, marks or scars that affect appearance - has worked closely with health care professionals over the years to help them better support patients with appearance related concerns. In a unique collaboration with specialised burns services in London and the south east, Changing Faces was sponsored to develop an education resource to equip burns staff to meet patients' psychosocial needs.

Resources were devised to ensure all burn staff from non-clinical to those who have a responsibility for psychosocial care received training appropriate to their role in understanding the psychosocial aspects of living with burn injuries. The pack was developed in conjunction with staff in four of the burn services in London and the south east and was designed to enable a member of staff experienced in the delivery of psychological and social interventions to train their colleagues in the provision of psychosocial care.

On completion of the pack, participants should be competent in:

- developing an understanding of the importance of psycho-social care and reviewing the member of staff's role in the provision of support for burns patients
- recognising and showing an understanding of a patient's physical, psychological and social needs
- exploring the impact of burn injuries on the patient as well as the patient's family, friends and significant others
- investigating the factors that predict good psycho-social outcomes and the role of the health care professional in facilitating this
- exploring other factors that predict or hinder psycho-social outcome and discussing the role of psychological therapies and other providers offering patient and family support.

Since their development and take up by several burns services across the country, evaluation of the resources has shown statistically significant increases in staff members' post-training knowledge of why and how psycho-social care should be provided, and knowledge of their own pivotal role in providing psycho-social care.

*"[I] now feel empowered with knowledge to help families psychologically and socially" -* burns nurse <u>For further information or</u> to order these resources please contact:

Henrietta Spalding, Changing Faces, Tel: 0845 4500 275 or email <u>henrietta.spalding@changingfaces.org.uk</u>

# Annual Conference 2014: Report by Lucy Wilson

I'm Lucy Wilson, I was badly burnt in 1995, a day before my first birthday, when my bath water was overheated by a faulty boiler. The accident left me with severe burns to both of my hands, right leg and feet, causing amputations to my fingers and toes. I was in hospital in a critical condition for 3 months and have since had about 50 operations at Nottingham City Hospital. Now at 20, I am studying BA Journalism at Sheffield Hallam University. I attended the Annual BBA Conference in April this year and have written an article about my experience:

Professor Peter Dziewulski introduced the BBA Conference theme 'Striving Towards Excellence' to all of those sitting in the lecture theatre as they started to put pen to paper. The conference, which was held in Chelmsford between the 7th and 9th of April, allowed people who work in burns to come together to share their experiences within the field.

There were a variety of different talks, poster presentations and promotions to help all who work in burns gain more knowledge and understanding within the field. Research, wounds, innovation and teamwork were all amongst the topics covered in the three-day conference.

Charities had stands where they raised awareness of their cause and to promote them. The stalls included freebies, posters, flyers etc. Some of the charities that came to the conference included:

- The Burned Children's Club
- Dan's Fund
- Children's Burns Trust
- Interburns
- The Katie Piper Foundation
- Enzo's Friends

Other stalls promoted medical products (dressings, sprays, gels, creams, etc.), camps for burn survivors, technology and research.

The charity 'The Burned Children's Club' became popular within the three days, managing to raise over £1,000 in a raffle for the charity. Its founder, Pat Wade MBE, gave the AB Wallace Memorial Lecture and was made an Honorary Member of the BBA; she said: "This means so much to me, the children have made it all worthwhile, seeing their little faces at camp made me want to carry on helping them"

# Welsh Burn Centre Celebrates 20 Years in Swansea

In November, the Welsh Burns Centre celebrated the 20<sup>th</sup> anniversary of the move of plastic surgery and burns services for South & Mid-Wales from St Lawrence Hospital Chepstow to the current site at Morriston Hospital, Swansea. Past and present staff members commemorated the event at a dinner in the Brangwyn Hall, Swansea on Saturday 1<sup>st</sup> November 2014.



Photo below: The team at the Centre's inauguration



Photo above: The Welsh Burns Centre, Swansea

WOULD YOU LIKE TO CONTRIBUTE TO THE NEWSLETTER?

If you have a 'hot topic' to address or developments in your centre which you would like to share with colleagues via the BBA Newsletter, please email Nechama Lewis at info@britishburnassociation.org

CPD points applied for

# BURN ASS Announcement

# **British Burn Association**

Annual Meeting - Birmingham: 20-22 May 2015 Edgbaston Stadium,Birmingham

# Learn the Science, Master the Art

Hosted by: Birmingham Burns Services

We would like to invite you to register for the BBA Annual Conference 2015 to be held in Birmingham.

The venue will be Edgbaston Stadium, which provides an excellent meeting and exhibition space. The meeting will provide an excellent opportunity to network with your colleagues as well as providing:

Challenging Scientific Programme Distinguished Speakers Full networking programme Trade exhibition

# **Call for Abstracts:**

We look forward to receiving abstracts to reflect the following themes

- Prevention
- Surgery including reconstruction
- Infection, sepsis and microbiology
- Sedation, anesthesia and dressing changes
- Critical Care rehabilitation
- Safeguarding
- Transition of care

Deadline for submission of abstracts: Midnight - 4th January 2015

For further details, abstract submission & to Register Online, please visit the website or contact the Conference Secretariat: www.convenus.com/bba

Member: Earlybird:£275.00 - £310.00 Regular

Non Member: Earlybird:£355.00 - Regular:£390.00

Day Delegate: £150.00 per day attended.

Early Bird registration rate before 27th February 2015

online Hotel Booking Service at preferred rates available only from Conference Secretariat

Conference Secretariat: Convenus LLP |00 44 (0)1722 742603 | bba@convenus.com